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Multicult Died Discredited on Flesh Splattered Subway Walls

The idiotic immigration policies that have dominated Canada, the U.S., Britain, Holland and France for four decades lost whatever intellectual credibility they might have had as the blood, flesh and brains of 55 Londoners splattered the walls of three subway stations and a double decker bus. The four suicide bombers of 7/7 and the perpetrators of a repeat performance two weeks later where the bombs failed to go off were all Moslems and all immigrants or second generation immigrants. After four years of denial, our Prime Minister and **Anne McLellan**, the **Minister of Public Security** are now warning that Canada is not immune to terrorism, that we'd better be prepared mentally and that it's a matter of not if but when. You can only blanche at the intelligence reports they must be looking at.

It's clear they don't know whom they're looking for. **CSIS** has few Arabic speakers and, apparently, few human sources among the 600,000 Moslems in Canada. There's much talk of "moderate" Moslems. Where are they? Did "moderates" inform on and denounce and expose the bombers and terrorists in their midst in London? in Leeds? in Madrid? in the U.S. prior to 9/11?

In this issue, we present a blockbuster feature "**High Noon For Multiculturalism**" which offers a deeper analysis of the implications of this attack by foreigners on our homelands.

Here are some preliminary conclusions:

1. Poorly screened immigration is to blame. Terrorism? It's immigration, stupid.
2. Multiculturalism is mental AIDS. This failed policy fills newcomers with a sense of entitlement, says all cultures are equal, when they're not, and tells the taxpaying host population that we need the enrichment of the foreigners.
3. Multiculturalism encourages newcomers not to assimilate and conform and encourages them in anti-Western behaviour.
4. Some cultures come, not to assimilate, but to conquer. Multiculturalism permits and encourages this. Islam is an ideology of conquest and forced conversion.
5. Any sane immigration policy must be based not on what we can give to them but on what they can do for us (not to us.) Those who feel contempt for us or our way of life must be excluded or removed. It's up to the newcomer to prove his loyalty before being given citizenship. -- **Paul Fromm**

Just Another Doctor Driving Cab

In London, "a multi-millionaire fake doctor has been sent to jail for 10 years in what British officials are calling the biggest con of its kind in the U.K. The self-styled psychiatrist had 2,000 patients when authorities blew the whistle on him. **Barian Baluchi**, 43, made most of his money treating refugee claimants, and helping them to stay in the U.K. He claimed he trained at **Harvard**, **Newcastle** and **Sussex Universities**, went to **Leeds Medical School**, and lectured on both sides of the Atlantic. None of it was true, according to court testimony. He fooled the **General Medical Council** into issuing him a licence and conned authorities into *setting up an immigrant clinic with large government grants*. He became a member of the **Expert Witness Group** and repeatedly testified in trials as an expert. Baluchi, an immigrant from Iran, worked in dry-cleaners, waited tables and drove a cab before convincing authorities he was an eminent psychiatrist. The judge told him: 'Your criminality almost, even for a practised fraudster, falls into new territory in this case.' He was charged with fraud and deception, along with several cases of

causing bodily harm, including causing drug addiction problems for a patient by overprescribing." (**Medical Post**, March 8, 2005)

High Noon For Multiculturalism

The Principals

Mohammad Sidique Khan, (who routinely used three or four spelling variations of his name) may well have been the ultimate multicultural man -- married to a "community enrichment officer." Khan divided his time between working as a "learning mentor" to the children of immigrant families at a Leeds primary school and "liaising" with ethnic youth at the government subsidized **Hamara** [in Arabic, it means "ours", as opposed to yours] **Outreach Centre**. It was there that Khan "liaised" with bombers number 2 and 3. **Shehzad Tanweer** and **Hasib Hussain**. (A week after the attacks, police and the bomb squad would evacuate "200 houses in eight streets surrounding the Hamara youth access point in Beeston, Leeds, to carry out a controlled explosion in the building." (**The Guardian**, July 15, 2005) The final, and only bomber born outside the **UK**, was a Jamaican-born convert to Islam named **Jermaine** also known as **Jamal Lindsay**. But "police were uncertain about how he spelt his name and what or how many names he may have used." (**London Times**, July 15, 2005) His wife, a White girl born **Samantha Lewthwaite**, "was drawn to Lindsay partly because of her long-standing interest in Islam. A former school friend said that Ms Lewthwaite had been fascinated by Islam since the age of ten when she lived among Asian neighbours on a housing estate. [*Here's to the crescent moon whose magic rays move the tides of the world!*] She converted to Islam when she was 17, taking the name **Sherafiyah**, before she met Lindsay, who used the Islamic name Jamal. The couple held a wedding ceremony but Samantha's mother, **Christine**, is said to have refused to attend." (**London Times**, July 16, 2005) Two weeks later, a whole new cast of professional layabouts and space wasters would shuffle out to centre stage: Eritrean-born **Muktar Said Ibrahim**, also known as **Muktar Mohammed Said**, who was "sentenced to five years in youth detention when he was 17 for carrying a knife during a street robbery [he was part of a street gang ironically described as one that "terrorized railway commuters"] It was unclear how he was given British citizenship with a criminal record." (**New York Times**, July 27, 2005) It wasn't an exchange programme with Canadian citizenship judges was it? "Ibrahim was known as a menacing, drug-smoking racist bully at **Canons High School** in Edgeware, North London. He attended the school between 1992 and 1996. **Wayne Howard**, a White former pupil of the school, claimed that Ibrahim once racially abused him to provoke a fight. 'He called me a *white honky*.' I was furious and swore back. It was what he wanted -- he punched me hard in the face and I ended up with a bad black eye. He was excluded twice for fighting,' he said. ... Residents of **Curtis House** in New Southgate regarded **Muktar Said-Ibrahim** and [Somali-born roommate and fellow failed bomber] **Yasin Hassan Omar** as feckless young men living aimlessly on state benefits. ... Omar was known as a shoplifter. ... **Muhammad Hassan**, a grocery store owner, said that he once banned Omar from his shop. 'I saw him trying to steal some food,' Mr Hassan said. 'I told him to leave and never to come back. He was always living off social benefit and paid for food and telephone top-up cards with small change.'" (**London Times**, July 27, 2005) Be that as it may, welfare scrounger Omar "is believed to have drawn £24,000 in housing benefit and £13,000 in income support over the past six years." (**Belfast Telegraph**, July 27, 2005)

The one who made it to Rome, **Hamdi Issac**, also known as **Osman Hussain**, "had more interest in basketball and blonde women than Islam. ... His former girlfriend in Italy ... remembers how he ... 'drank

a lot of beer and listened to hip hop, rap and gangsta music.' ... She said she later heard that in London he had a partner whom he had 'forced to wear a veil.' Hussain has three children with his partner in London." (London Times, August 2, 2005) The explanation for Hussain/Issac's alias is that he was "born in Ethiopia [but on entering the UK] claimed he was from Somalia, said **Carlo De Stefano**, head of Italy's anti-terror police ... 'He changed his name ... when he arrived in London he falsely declared he was a Somali citizen to obtain the status of political refugee and economic assistance more easily.'" (The Guardian, August 1, 2005) How many thousand "undocumented Somali refugees" did **Elinor Caplan** put on the citizenship fast-track? "Hamdi, who grew up in Rome and speaks fluent Italian ... in his statements to interrogators [has said] the July 21 would-be bombers decided to 'take revenge on the English' for the anti-Muslim atmosphere following the earlier attacks. 'People gave us bad looks and made fun of us in the street, even women were mocked. We decided to react.'" (Chicago Sun Times, August 1, 2005) When in doubt, play the race card. In fact, the giant UK pollster **ICM** surveyed British Moslems after the July 7 bombings and found that while 63% believed non-Moslems brought the attacks on themselves by way of racist and Islamophobic behaviour, 80% had to admit that, *after* the carnage, neither they, nor any member of their family, had actually experienced any hostility or abuse from Britons." Italian police arrested two of Issac's brothers along with him, but please note -- a third, **Abdulhai Issac**, left Italy for Canada in 1996. Naturally, we granted him status as a political refugee. From Italy!

Almost nothing is known about the last wannabe bomber, **Ramzi Mohammed**, apart from the fact that both he and *his* brother **Wahbi**, are in custody and police have confirmed that both are being held over the attempted bombings. Like Issac, "the two Mohammad brothers appear to have come to Britain as bogus asylum-seekers around the same time. They are thought to have used false passports, claiming that they were Somali refugees." (London Times, August 2, 2005) With petty crime and fraudulent refugee claims so thick on the ground, it's little wonder most everyone associated with the London attacks managed to acquire an alias or two. Canadians saw this in local *ihadis* **Ahmed Ressam** and **Moustaffah Kamel** -- it is something that really should ring alarm bells -- maintaining the father's name for the purposes of establishing lineage is one of the central tenets of Islam (which is why women's names do not alter on marriage). Canadian cities are awash with rootless, seemingly unemployable young immigrant males. Whatever aspirational dreams fired their decision to immigrate, lack of skills or a fundamental inability to assimilate keeps them on welfare. Without prospects, they cannot hope to attract a wife, and so the powder keg of disgruntled males grows. And yet, about half the London bombers were working, middle-class husbands and fathers. It's time, for everyone's sake, to insist that newcomers demonstrate their good faith -- rather than assuming that it is we who must do so.

A Policy That's All Problems

Suddenly no one wants to "celebrate diversity" anymore. Not if it means native-born suicide bombers hooking up at government subsidized ethnic outreach centres. Question is, did the other side of the compact *ever* subscribe to the illusion? Multiculturalism allows people to change hemispheres (and incomes) while preserving all the familiar sights, sounds and smells of home within the dank confines of a cheese keeper. Two millennia ago, **Horace** said: "They change their skies, not their souls, who run across the sea." The day after "rivers of blood" ran through London's transportation system, as media types hungry for sound bites swarmed outside Whitechapel's huge **East London Mosque**, a worshipper grouched: "This morning I was driving to work and a woman on the radio said she'd had her headscarf pulled. I was shocked, to be honest," said **Ahmed Shafi**, 31, a grocery

store manager. "In this day and age you don't expect that." (AP, July 8, 2005) Poor baby, on that particular day, forensic teams were moiling underground, very near his mosque, scraping human tissue into numbered collection bags.

Three days later, Amsterdam saw the trial commence against **Mohammed Bouyeri**, the 27-year-old "typical" second-generation immigrant who shot **Theo van Gogh** six times, slit his throat to the backbone and used the kitchen knife like a push-pin to impale a five-page religious screed to the corpse's chest. Mr. Bouyeri was accoutred for court in a long, black gown, Palestinian *kaffiyeh* and extra-large **Koran**. He informed the court that he recognized none but Islamic law and added: "I can assure you that one day, should I be set free. I would do exactly the same .. exactly the same." Prosecutor **Frits van Straelen** presented pictures from Bouyeri's home showing executions, beheadings, hangings, cutting of throats, amputations and lapidation (killings by stoning). Bouyeri told Mr. van Gogh's grieving mother, **Anneke**, "I can't feel for you because I think you are an infidel." She, for her part, noted Bouyeri "had the time to plan this, because for three years he was on unemployment benefits." "In western Sydney in 2000, gangs of Muslim men and youths of Lebanese descent targeted and raped White girls. One girl was called an 'Aussie pig' and told: 'I'm going to f--- you Leb style.' Critics say this is evidence of multiculturalism's failure to bring harmony and a national sense of unity." (The Australian, July 20) Critics can be so cruel. In fact, each of these Manichaeic snapshots illustrates how, once laid down, a flawed belief system does not so much mature as sour into a credo of colossal selfishness, corroding all it touches. Far from fostering a general bonhomie and expanding interest in other people and other cultures, multiculturalism's default setting narrows the focus to inculcate the kind of self-regarding obsessiveness seen in the fellow at the East London Mosque. Presented as the path of least resistance, multiculturalism must have had an irresistible appeal to weak, lazy and stupid governments, but even weak, lazy and stupid governments can re-evaluate: "**Rona Fields**, a Washington psychologist who has studied members of paramilitary organizations and terror groups for three decades, says ... 'The image of the victim, the selfless victim, becomes an iconic memory.' Sympathizers start to see themselves as part of a marginalized, oppressed group, developing a 'we/them mentality' that transcends their ties to their own birthplace, community or even family. Religion doesn't necessarily play a major role in the process. 'It's an ideology, not a theology.'" (Maclean's, July 19) But isn't that just an unusually cold-blooded assessment of multiculturalism itself? Where, in all this, is the built-in safety override to discourage "marginalized, oppressed groups developing a we/them mentality" from exploiting or exterminating a host society of which they know almost nothing, except that they disapprove of it? (Particularly where lying or cheating to gain entry was your first clue that straight just doesn't play here). Killing people at, or on their way to, work and raping "Aussie pigs" may be extreme examples, but it's the same impulse that settles down to draw three years -- or a lifetime's -- worth of social benefits out of a not-much-liked host society. Islam has no patent on selfishness or callousness. These qualities are sown broadcast throughout "multicultural communities" -- a misnomer if ever there was one. They are introverted exclusionary cells divorced from mainstream culture and are the antithesis of community. These ethnic redoubts are metastasizing in Canada). Apart from physical menace and incalculable expense to the captive host society, what do such policies do to immigrants and minorities themselves? We give them an education of a kind -- the tools to acquire and sustain a grievance and entitlement mindset -- but almost nothing that would cultivate the sense that they could or should compete on a level playing field as full and equal citizens. These unwholesome multicultural policies -- with their attendant directives that deride and demolish the existing culture -- should be safely disposed of like the poison the are. If the new pope dares to suggest that "Europe needs a

new -- certainly sceptical and humble -- acceptance of itself, if it wants to survive, [that] the ever more passionately demanded multiculturalism is often above all a renunciation of what is one's own, a fleeing from what is one's own." then surely the lapsed Catholics running Ottawa can. They can withhold citizenship until the well-established and self-sustaining candidate shows that Canada -- the abstract notion of a new start in a generous new home -- means something more than an insurance policy or a treat. They can withhold welfare payments (as the Australians have done without calling down the wrath of UN forces) until the candidate has lived here for three years. Even petty infractions like shoplifting (as was the case with Montreal's **Moustaffah Kamal, Ahmed Ressam** and London bomber **Yasin Hassan Omar**) should be deportable offences. Harsh? Not as harsh as scraping commuters off subway rails. Meanwhile, in "the downtown core of Montreal and Toronto, it's actually quite difficult to get terrorism insurance simply because it's tapped out," says **David Pegues**, executive vice-president of Toronto-based **Aon Reed Stenhouse**. "Capacity is used up. Toronto is probably the third-highest take-up rate of terrorism insurance in the world." (**Maclean's**, July 21, 2005)

You Owe Us

It was inevitable that once **Elinor Caplan** granted thousands of Somalis and Afghans permanent residence on the basis that their home countries exist in permanent chaos -- everyone else would clamber on the bandwagon: The **Canadian Council for Refugees** is demanding a free pass for "hundreds" -- another story suggests "as many as 4,000" -- from "Zimbabwe, Rwanda, Democratic Republic of Congo, Haiti, Burundi, Afghanistan, Iraq and Liberia. ... The **CCR**, which released a 12-page report on the issue yesterday, believes Ottawa should establish a special programme to allow people from moratorium countries [countries to which Canada has ceased deporting people because of chronic turmoil] who have been here for three years to apply for permanent residency. In 2002, after the lifting of a moratorium on removals to Algeria, the government introduced such a programme for Algerians, and 93 per cent of those who applied received landed immigrant status. ... In 2001, 2,653 refugee claims from Zimbabwe were filed, and the acceptance rate was 47 per cent. By 2004, the acceptance rate had increased to 66 per cent, though the number of claims had dropped off to just 95, after the introduction of a visa requirement for Zimbabweans to come to Canada. ... Many early Zimbabwe refugee claims were rejected because of a lack of documentary evidence about police brutality and harassment, as well as claimants' reluctance to testify." (**Globe and Mail**, July 21, 2005) So, according to the refugee handbook, an initial refusal is *evidence* that they did not receive a fair hearing (and cannot now access all the freebies that would otherwise be on offer). Note they are still in Canada. With this precedent, anyone from any basket case country will effectively be ours in perpetuity once they make landfall.

104-Year-Old Beats The System

Here's one immigration curiosity Canada missed out on: "A 104-year-old Chinese woman will not be deported from Australia despite immigration officials' decision to refuse her a permanent visa, the Australian government announced Wednesday. **Cui Yu Hu** arrived in the southern city of Melbourne to visit her family in 1995 on a 12-month tourist visa, but no airline would return her to China because she was too old and frail. The widow -- who received a letter of congratulations from Prime Minister **John Howard** when she turned 104 earlier this year -- remained in Australia illegally for another four years before applying for an aged parent visa that would allow her to stay permanently and receive free health care. But under the rules by which the department decides such applications, Hu is ineligible because she overstayed her initial 12-month visa. Hu's Melbourne family -- her adopted daughter **Motoko Otari** and son-in-law **Bing**

Sen Yang -- appealed the decision. But the **Migration Review Tribunal** found Tuesday that she was not entitled to a visa. Immigration Minister **Amanda Vanstone** said she overturned the tribunal's decision and made Hu a permanent resident eligible for free health care and welfare." (**Associated Press**, March 8, 2005) Ah the well beloved special ministerial permit. No indication however that the daughter **Motoko** or son-in-law **Bing** volunteered services (or pizza) during Vanstone's election campaign.

Your Theory, My Money

"In 1981, 45 per cent of the poor families in high-poverty Toronto neighbourhoods were immigrants. Twenty years later, immigrant families comprised 65 per cent of the poor families in these neighbourhoods." (**Toronto Star**, April 8, 2005) Much as immigration and diversity theorists might want to praise immigration's salubrious effect on the economy, new immigrants from new source countries have proven singularly adept at falling ever farther behind. As immigration policy and settlement services grew into an industry like no other, Canada has been briefed and backlogged into importing more and more people constitutionally incapable of getting on with it. This helplessness goes well beyond routine welfare payments to the wretched of the earth: Ottawa has lately consigned many hundreds of millions to bootstrapping programmes for persons admitted precisely because they had looked *unlikely* to drain the public purse. Canada's so-called best and brightest imports can choose from a menu offering fast-tracking for the sub-par professional, credential upgrading and equivalency booster seats, specialized workplace **ESL** instruction, and a raft of patchwork, catch-up remedial plans for the "educated immigrant." It is unclear whether these beneficiaries will ever repay their debt as the most assimilable are the least inclined to stick around: **Statistics Canada**, (**Hotline 170**, December 2004) notes, "Those with higher education and official language ability were more likely to emigrate [on from Canada] than those without." Perhaps the most vexatious thing about all this professional accreditation hysteria is that it did not exist as recently as five years ago. Three years ago, immigration theorists managed to convince the gang that couldn't think straight to dump admission by labour market need to concentrate instead on greasing the way for "life-long learners" with "transferable skill sets." The result? A glut of apparent life-long-learners, not much in the way of non-transferrable skill sets. But batten down the hatches, the theorists have discovered a new theory to explain why immigrants began failing just as source countries moved to new hemispheres -- they're lacking "social capital." Over the course of a massive document (**Developing the Business Case for Multiculturalism**, **Meyer Burstein, Outreach and Promotion Directorate Multiculturalism and Human Rights Branch, Department of Canadian Heritage**, March 8, 2004), assorted academic enthusiasts and government stipendiaries never quite manage to define what social capital actually *is*, but they do know it's going to be expensive. As best we can understand, "social capital" translates as, it's not what you know, but whom you know. Thus, if highly educated immigrants persistently fail in Canada it is all down to their lack of networking -- as if no one ever got a job in this country without the intercession of a dotting patron. (Well, considering the source, perhaps not). At any rate, since immigrants already enjoy "social capital" within their religious and cultural compounds, the rest of us can only dream of the connections in question would appear to be **Big Brother**: "In order to peacefully resolve competing claims, pluralistic societies will have to foster social learning. Social learning is essential if societies are to create a sense of belonging, common goals and a capacity to address critical issues in both the public and private spheres. Governance plays a key role in this process: Recent empirical work points to the fact that ethnic diversity and generalized trust among members of a society are inversely related. However, the qualities that governments exhibit and the manner in which they govern and interact with their citizens -- in other words, the behaviour of public institutions -- attenuates this relationship. [Not this government, surely?] To

capitalize on these human assets, structural barriers and discrimination will need to be forcefully addressed." There's much more, but the accretion of false assumptions comes down to this: the potential for conflict within an uneasy population mix of competing interests will be averted only by a greatly expanded government authority to overlook every crevice of our so-called "common" interests.

Hey, Who Wants Pizza?

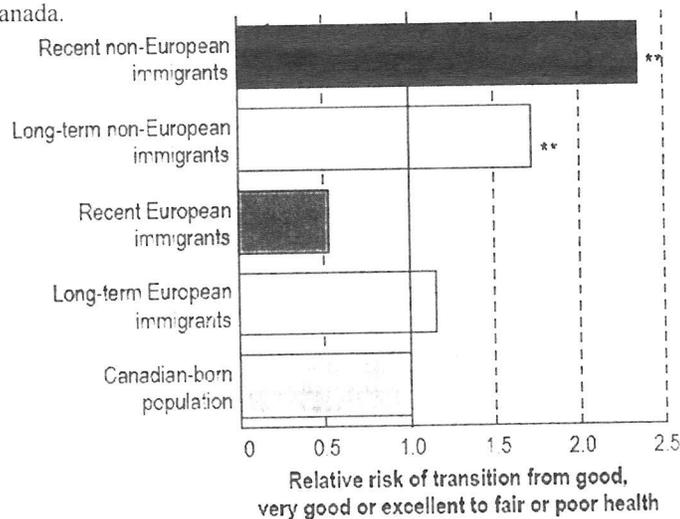
In the end, parliamentary ethics commissioner, **Bernard Shapiro**, found former immigration minister **Judy Sgro** in "clear violation" of **Principle 7** of the conflict-of-interest code (politicians should not use their position to assist private entities or persons where this would result in preferential treatment). Shapiro stated bluntly that she was involved in issuing more temporary residence permits "than might have been expected." Sgro's curious response was to crow that she felt "vindicated." And there's something else: On December 14, 2004, it was belatedly revealed that last summer a staffer at Sgro's office was "quietly fired for suspicion of being a threat to the country. ... The staffer, a Canadian of Sri Lankan origin, had worked for several weeks in Sgro's Ottawa office, according to sources close to the case. Sources said the Toronto man, whose identity hasn't been released, was given a top position because [surprise, surprise] he was a tireless recruiter of South Asians for the Liberal Party of Canada (Ontario). Six sources, including police, a Liberal and Conservative MPs and immigration brass, have confirmed the employee was sacked last summer after it was discovered he had links to the Tamil Tigers, who are deemed a terrorist group and banned from Canada. Police are poring through files and computer hard drives to determine if they were tampered with by the former worker, who had access to top-level secrets." (**Toronto Sun**, December 14, 2004) On the day the story broke, Sgro was already taking pretty steady heat on the Romanian stripper file, but **Harjit Singh** was still off the radar. So how did she respond to public disclosure of what sounds like a rather serious security breach? Dinner on good old Judy -- or rather, the good old taxpayers of Canada -- for surviving staffers. According to disclosure details on the **CIC** web site, December 14 saw Judy and the gang (that's 23 Government of Canada employees plus 3 guests) tucking in at Ottawa's **Allegro Ristorante**. Cost to taxpayers? \$1,386.12. (<http://www.cic.gc.ca/english/expenses/2005-Q1/sgro/h-002.html>)

HEALTH (CARE) WATCH

Costs Rise And System Crashes: It's Immigration, Stupid

By now, Canada's immigrant population divides into two distinct streams: Traditional (that is, overwhelmingly European, and now generally older -- these landings slowed to a trickle after the 1970s) and non-traditional (overwhelmingly non-White, and generally younger as these landings really took off post-1970s; fully 1/3 of Canada's foreign-born population arrived between 1991-2001). Although it does not quite like to say so, what follows is essentially a study of comparative health outcomes between Whites and non-Whites in Canada, and given age differences, the results are surprising. The study parameters are these: "As well as people born in Europe, the *European* category includes those born in United States, Australia and New Zealand. The *non-European* category refers to all other countries. ... *recent immigrants* are those who arrived in 1984 or later, and long-term immigrants are those who came before 1984. For this analysis, four groups of immigrants are defined: recent non-European, long-term non-European, recent European, and long-term European [the results are based on **National Population Health Survey** or **NPHS** data, which examined] information from the same individuals over an eight-year period from 1994/95 to 2002/03. ... Self-perceived health is a commonly used indicator that has been shown to reflect other measures of health status such as mortality and clinically diagnosed morbidity. [Thus, some six months after their arrival, 97% of immigrants rated their health as good, very good or excellent. This compared with 88% for the Canadian population overall. [This is the

so-called *healthy immigrant* effect] An earlier longitudinal study using the first four cycles of the **NPHS** found that immigrants to Canada—European and non-European combined—were at higher risk of a deterioration in health than was the Canadian-born population. However, this new analysis of five cycles of **NPHS** data, which distinguishes between European and non-European immigrants, shows that the difference is attributable to those from non-European countries, who were twice as likely as the Canadian-born to report a deterioration in their health—that is, they had rated their health good, very good or excellent in 1994/95, but subsequently described themselves as being in fair or poor health. This decline was particularly pronounced among recent non-European immigrants. But surprisingly, even long-term non-European immigrants were more likely than the Canadian-born to report a shift toward fair or poor health. ... Recent non-European immigrants' higher risk of reporting a deterioration in their health is mirrored in increasingly frequent doctor contacts. Over time, they were more likely than the Canadian born to become frequent visitors to doctors (at least six contacts a year). ... Recent non-European immigrants were almost twice as likely as the Canadian-born population to have experienced at least a 10% increase in their **BMI** [body mass index] since 1994/95. ... Longitudinal data from five cycles of the **National Population Health Survey** show that over the period 1994/95 to 2002/03, immigrants in general were more likely than the Canadian-born population to report a change from good, very good or excellent health to fair or poor health. However, this deterioration applied *only* to immigrants with non-European origins, especially those who had arrived since the mid-1980s. European immigrants, by contrast, were similar to the Canadian-born with regard to health transitions. ... Almost by definition, the process of immigration is stressful and disruptive, involving the loss of the support network of family and friends in the country of origin. [So why doesn't the same effect manifest itself among recent or long-term immigrants of European origin?] Because immigrants with European origins share a similar culture with the Canadian-born, they may encounter fewer social, economic and lifestyle barriers than do those from non-European countries." (**Dynamics of Immigrants' Health in Canada: Evidence from the National Population Health Survey**, **Statistics Canada**, February 23, 2005) But not the kind of barriers that would prevent them making "at least" six trips to the doctor per year. If merely being here leads to a general decline in health (not to mention the persistent calls on an already over-burdened health care system) perhaps Ottawa should do the compassionate thing and focus exclusively on expanding entries among groups that won't get sick(er) in Canada.



Data source: 1994/95 to 2002/03 National Population Health Survey, longitudinal file.

Note: Analysis based on individuals reporting good, very good or excellent health in 1994/95; controls for age, sex, income adequacy, education, smoking inactive leisure, social support/social involvement and body mass index in 1994/95.

** Significantly different from estimate for Canadian-born ($p < 0.01$).