29 NOV 06. Hail Chad! Many thanks for your letter of 26 NOV 06. I enjoyed the enclosure on the "Type A" & "Type B" personalities. These concepts of classification are most often concected to provide their creators, promoters & purveyors with an excuse for living off the suckers, of whom P.T. Barnum said, "There's a sucker born every minute." Freud tried it to a great extent by promoting his own neuroses & psychoses into touted 'universals'. Funny thing was that his psychoanalysis attracted mostly other Viennese jews, like himself. Freud obviously suffered from 'projection', in which one attributes his own peculiar proclivities onto others. Plato mentioned this in his defense of virtue, when he stated that the thief tends to believe that all others are also thieves, so he lives in fear that his possessions will be stolen, as do most dwellers in Turd World countries, where theft is endemic. Freud's strongest critics appear to be jewish feminists.

The jew, Riesman, wrote another theme of categories entitled "The Lonely Crowd," in which he stated that there are 3 categories of featherless biped: "Tradition-directed; inner-directed, & other-directed." Tradition-directed people are typically the members of tribal societies, as are prevalent in Africa & The Middle East. Inner-directed people allegedly acquire their values & behavior-patterns very early, perhaps from their parents &/or their DNA. Other directed people acquire their values from those around them, with behavior to match, for they do "in Rome as the Romans do." Their morality is deemed "situational ethics." The inner-directed people tend to maintain their values & behavior regardless of the mob, or despite the mob. Many religions attempt to indoctrinate their members into doctrinal adherence above all, despite threats &/or temptations to behave contrary to their respective cults. These teach-

ings usually result in hypocrites, rather than martyrs.

The U.S. Defence Dept. program on Korean War treatment of U.S. P.O.W.s by their Chinese captors was revealing: fewer than 1 out of 20 U.S. military prisoners showed any potential for leadership. When the Chinese identified such men & segregated them from the general P.O.W. population, by confining them in heavily-guarded camps, the majority 'sheeple' lost direction. One third of these young Americans died by sleeping their lives away, for no one was around to get them out of bed. The food was alien to these prisoners, so many did not eat the fishhead soup, nor the boiled millet. This was the diet of Chinese soldiers & workers, so their captors were not trying to starve them. The U.S. P.O.W.s starved themselves, for there was no one to tell them to eat, nor was there anyone to tell them to gather firewood to cook these meager rations. That's why one third of them went to bed, wasted away & peacefully died. Perhaps they dreamed of home & big, greasy hamburgers. The Chinese provided incentives for informers, that is, snitches, in the form of an extra blanket, a cigarette, &c. Snitches were rewarded, BUT those against whom they snitched were not punished. If a man were hoarding food, in order to escape, a snitch would blab to a guard & the food seized. The snitchee would be called out at formation, & the Chinese officer would state the charge against the would be escaper: "You no likee hospitality of Honorable Peoples Republic. You want escapee. You velly naughty. Go back to lanks (Chinese for 'ranks'). All dismissed!" Since there was no guilt attached to snitching, U.S. P.O.W. sheeple eagerly snitched on one another. No leaders meant no escape committees, no secrets & no discipline. Hence, not one escape! The leaders were very wellguarded & segregated, so, as I recall, there were no escapes from them, either. How did the non-English-speaking Chinese guards identify potential leaders? They were told to look for the man to whom other men listened; the man with a sense of humor & the man who showed no fear of armed guards (even though he was behaving himself). Such men were segregated, thus leaving the majority 19 of 20 sheeple to themselves, & to death. As we might expect, the leaders had many characteristics of "Type A" personalities, & the sheeple resembled "Type B", to a large extent. The Chinese noted that leaders of American prisoners were usually NOT American officers!"Type As" tended to survive their Korean War captivity, unlike "Bs".

Turkish P.O.W.s were a far different matter. They were, apparently, tradition-directed men. The Chinese attempted to destroy their obedience to their military hierarchy by shooting Turkish officers & NCOs, but when the Turks' senior privates took charge, the Chinese gave up. Needless to say, the Turks were very well-guarded, unlike the majority of American prisoners. Were the Turkish soldiers all "Type A"? I leave that to your jews to say.

As usual, semantics have much to do with jewish science. I am surrounded by ailing geezers, most of whom are 10 years my juniors. If they ever had two related, consecutive

thoughts in their minds, that must have been many years ago.

2) Virtually all of them are medicated for hypertension, stress, high blood-pressure, obesity & diabetes. Most choose not to walk, but to zip around in electric geezer-scooters. Walking is 'Unamerican'. I not only do it, & enjoy it, but walking has always been my foremost means of transportation, due to poverty, that is, necessity. There is, perhaps, one "Type A" amongst these "Type B" consumer-cripples. Apparently, he is inner-directed. He enjoys helping others & is president of my residential facility, in which I am entitled to dwell because of my disqualifications of age & poverty, after my last job went to India. He has leadership potential, according to the Chinese criteria. Good for him! I note that he talks to others, rather than to himself, unlike the "Type B" zombies.

It has been noted that the human animal's system is geared for flight or fight, under stress. Under healthy, natural conditions, stress is due to external factors, such as a stalking tiger or enemy soldier approaching. Our adrenaline flows, stoking up our sugar combustion, in preparation for physical action in terms of fight or flight. But under our unnatural lifestyles in civilization, stress can come in the form of deadlines, a boss's menacing mutter: "Are you happy here?", unpaid bills, family emergencies, multi-tasking with minimal time, otherwise called the Judeo-American ratrace. The requirements for raising children, added to the requirements for parents' existence can certainly be stressful, but the rewards for dealing with the tasks, rather than the stress itself, appear to be worth it. Stress is a many-faceted thing, for it should stimulate us into taking relevant action. Hunger is a form of stress, which we deal with, not by counselling, but by eating. External stress sources, such as noise, bomhardments, the presence of snipers & landmines, &c. can be onerous, just as pain warns us that something is not right with our bodies, so we should do something about it. That is the important message of all forms of stress: we need to cope with it. I removed my Judeo-American ratrace stress by living in Colombia, a beautiful country with an ideal climate, but you had to know when to duck, as their 400 year old civil war could flare up all of a sudden, usually by surprise. But after the explosion of the bomb or landmine, one would feel relief: the warm-fuzzy feeling that one was not only alive, but in one piece. Colombia is where I learned not to worry about things over which I had no control. I enjoyed restful leisure amid abundant natural beauty, along with a 19th century lifestyle which suited my natural rhythms. All I needed to do was leave the Jewnited States, in order to relieve my feelings of stress, frustration & futility, as I had intended since I was 8 years old, when I studied the map of The Western Hemisphere in a storage closet adjoining my elementary school classroom in San Fernando, CA.

My Mexican students, in another job I had as English teacher in Durango, Mexico, told me of their disdain for "Marijuanos," as they called marijuana-smokers. They said that such "viciosos" or vice-ridden ones were "Type B" characters who lacked essential masculine qualities: no ambition, &c., which made them unfit to be fathers & bread-winners of a family. These students were young, middleclass children. I wonder what they think now, & how their children would view similar anti-social self-indulgence. The jew, "Lenin," wrote that "religion is the opiate of the masses," but now, it appears that opiates are the religion of the masses. My ambition was to be free of Judeo-American stressful values, to realize my desire to be effective & relevant to the people & places of my surroundings in ways which satisfied me. This I have achieved, so I can now cope with life here in the jewnited states empire, be-

cause of my experience, as it shows definite signs of break up & collapse.

In short, I examine myself in terms of the "A" & "B" categories, & I see a combination of factors in both categories, as I suspect applies to everyone. The key to satisfaction is in knowing when we should be aggressive or less competitive, harsh or evenhanded, &c. If we are carpenters, for example, it is inappropriate for us to use one tool, only, in the construction of a house, for we need both "Type A & B" characteristics, as we need hammers, saws, drills, screwdrivers to build a house, & varied characteristics to build our lives. It is unrealistic to attempt to put people into these two categories only, for life demands that we use a wide variety of characteristics, just as house-building requires us to use a wide variety of tools, unless we wish to live in mud huts. A more relevant study for us would be to find a correlation, if any, between "Type A or B" factors & violent behavior. Soldiers, gangsters & individuals all appear to have such behavior in common, so does this behavior correlate with character, rather than circumstances? I would suspect that circumstances dictate one's choice of behavior, rather than such "types." As my professor, S.I. Hiakawa would say: "The map is not the territory," & as I say, the label is not the contents. All the best & ORION!